



PENINSULA
HEART CENTRE

Referral Form

Dr. Gregory Szto & Associates

Interventional, Structural, Pacing & Consultant Cardiologists

Phone: (03) 9789 0088

Fax: (03) 9789 8866

Patient Name DOB

Patient Address

Phone Mobile

Request	Venue	Date	Time
<input type="radio"/> Consultation			
<input type="radio"/> Review			
<input type="radio"/> ECG Stress Test			
<input type="radio"/> Echocardiogram			
<input type="radio"/> Stress Echocardiogram			
<input type="radio"/> Transoesophageal Echo			
<input type="radio"/> Holter (ECG) Monitor (1-14 days)			
<input type="radio"/> 24h Blood Pressure Monitor*			
<input type="radio"/> Pacemaker Check			
<input type="radio"/> Licence Evaluation			
<input type="radio"/> Preoperative Evaluation			
<input type="radio"/> Heart Failure Management			
<input type="radio"/> AF Management			
<input type="radio"/> Multislice CT / Calcium Score			

**All tests are fully bulk billed, except for 24h blood pressure monitor and multi-day Holter monitor, which incurs a small fee.*

Clinical Details

Requesting Doctor's Details

Name:

Provider Number:

Address:

Signature:

Date:

Copies to:

E reception@peninsulaheart.com.au **W** www.peninsulaheart.com.au

Frankston
Mornington
Rosebud

Suite 11. Peninsula Private Hospital. 525 McClelland Drive
Suite 7. Beleura Private Hospital. 925 Nepean Highway
Suite 8. Peninsula Medical Suites. 1533 Pt Nepean Road



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Important Information

How to make appointments:

All appointments are made via Peninsula Heart Centre, Frankston. For further enquiries and information:

Phone: (03) 9789 0088

Fax: (03) 9789 8866

Email: reception@peninsulaheart.com.au

What to bring to all appointments:

1. This referral
2. Medicare card
3. Private health insurance details
4. List of current medications

Exercise Stress Test

Available daily in the safety of a hospital environment, this is a walking test to evaluate for coronary artery disease and arrhythmia.

- Allow up to 1 hour for the appointment
- You will be exercising between 6-10 minutes
- Wear comfortable clothing and walking shoes
- Withhold beta-blockers on the day of your test
- Bring your medications along to be taken after the test
- Your test results will be made available to you on the day

Examples of beta-blockers:

- Atenolol (Tenormin, Noten)
- Metoprolol (Betaloc, Minax, Lopressor, Metohexal)
- Sotalol (Sotacor, Sotahexal)
- Propranolol (Inderal)
- Bisoprolol (Bicor)
- Carvedilol (Dilatrend, Dilhexal)
- Nebivolol (Nebilet)

Blood Pressure Monitor*

Available daily at multiple locations, this test requires you to wear a blood pressure cuff for 24 hours. Hourly blood pressure measurements will occur automatically. This test evaluates you for 'white coat' hypertension, blood pressure control and adequacy of your medication.

- Allow up to 30 minutes for the appointment
- Wear a loose-fitting top
- You will need to wear the unit attached under your clothing for 24 hours
- Please return the next day or as arranged for prompt reporting

Our tests are bulk billed.

Our tests are conducted by fully qualified health professionals in a safe environment.

All test results are reported in a timely manner, and sent to the referring doctor. You will be contacted if urgent evaluation is required.

Echocardiogram

Available daily at multiple locations, this is an ultrasound of the heart to evaluate your heart valves, heart structure, and function.

- Allow up to 1 hour for the appointment
- Wear a loose-fitting top, this will need to be removed during the procedure
- No other preparation is necessary

Stress Echocardiogram

Available at multiple locations, this test involves comparing your exercise and rest echocardiograms. This enables us to evaluate you for coronary artery and valve disease.

- Allow up to 1 hour for the appointment
- Wear a loose-fitting top and comfortable shoes
- No other preparation is necessary

Holter Monitor

Available daily at multiple locations, this is a recording device that evaluates your heart rate and rhythm for up to a 14 day period. You are encouraged to perform all your regular daily activities. This enables us to more accurately assess you for arrhythmia, heart conduction block, heart rate control, and adequacy of your medication.

- Allow up to 30 minutes for the appointment
- Wear a loose-fitting top
- You will need to wear the unit attached under your clothing for the entire monitoring period
- You may shower whilst wearing the device
- Please return the next day or as arranged for prompt reporting